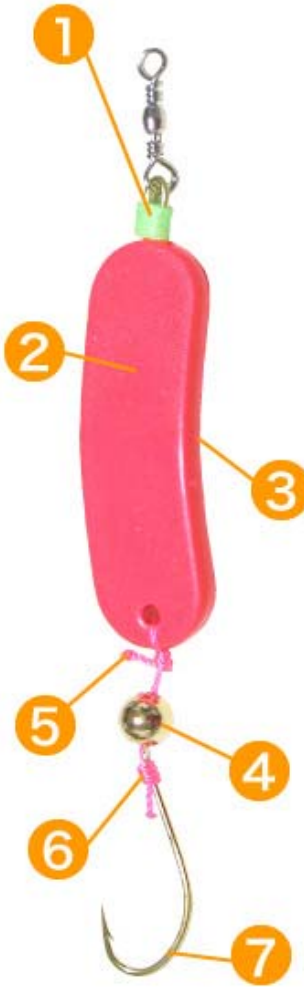Buler